

## ARCOBALENO DAILY LUNCH BUFFET MENU – August 23 – August 27, 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup:</b>	Mushroom Soup	Lentil Soup	<b>Minestrone Soup</b>	Tomato Soup	<b>Vegetable Soup</b>
<b>Chicken Main Dish:</b>	Chicken Nuggets with Chilli Sauce	Sauteed Chicken With Mushrooms and Gravy	Chicken Curry	Chicken Pie	Grilled Chicken
<b>Other Meat or Meatless Main Dish:</b>	Hungarian Beef Goulash	Enchiladas ( Beef)	<b>Fish Milanese</b>	Beef Stew	Fish with Vegetables
<b>Pasta:</b>	Fusilli	Olive and Mozerella Spaghetti	<b>Spaghetti with Tuna and Tomatoes</b>	Spinach and Ricotta Cannelloni	<b>Spaghetti with Garlic and Chili</b>
<b>Vegetarian Dish:</b>	Vegetarian Chili With Rice	Cauliflower Au Gratin	<b>Vegetable Pie</b>	Vegetable Moussaka	Vegetable Curry
<b>Starch: Couscous, Rice, Potato, etc.</b>	Plain Rice	Mashed Potatoes	Rice and Peas	White Rice	<b>Baked Potatoes</b>
<b>Vegetable:</b>	Seasonal Vegetables	Seasonal Vegetables	<b>Seasonal Vegetables</b>	Seasonal Vegetables	<b>Seasonal Vegetables</b>
<b>Dessert:</b>	Banana	Carrot Cake	<b>Watermelon</b>	Banana Cake	<b>Fruit Salad</b>

**AVAILABLE DAILY: Water, Juice, Dinner Rolls, and Salad. Items printed in Bold are fasting foods.**